

# Diabetes Prevention Classes

VIRTUAL/VIA ZOOM

Classes will begin on:

**Thursday, August 27, 2020**

**3:00pm-4:00pm**



**The Diabetes Prevention Program (DPP) is designed to help individuals diagnosed with pre-diabetes to reduce their risk of type 2 diabetes. To see if you are eligible to participate, please call (559) 244-4554 or visit [solera4me.com/chc](http://solera4me.com/chc).**

